

The Role of Civic Responsibility In Educating Youth In A Healthy Spiritual Environment In An Information Society

Ruzimurodov Siroj Madatovich

Associate Professor of the Department of "Social Sciences", Doctor of Philosophy (PhD) of Philosophical Sciences, Zarmed University

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*Correspondence: Ruzimurodov Siroj Madatovich

Email: uzimurodovsiroj@gmail.com

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Abstract: The article discusses the large-scale work being carried out in our country to ensure a healthy lifestyle for young people, to educate them as physically and spiritually perfect people. In this regard, attention is paid to the issue of ensuring the stability of the spiritual environment based on the establishment of a healthy lifestyle in young people. It is also scientifically substantiated that the neighborhood environment plays a significant role in protecting young people from the influence of information attacks. The influence of family, community, and educational institutions in creating and maintaining a spiritually enriching environment is also discussed. Moreover, the article highlights the importance of safeguarding youth against the negative effects of information attacks through educational, cultural, and philosophical approaches rooted in national and universal values. Emphasis is placed on cultivating ideological immunity, moral consciousness, national identity, and historical memory among youth as vital elements of civic responsibility.

Keywords: Youth, Spiritual and Moral Education, Values, Family, Information Society, Lifestyle, Behavior, Work, Morality.

Introduction

In our country, in the process of building a democratic legal state and civil society, deepening and developing reforms in the economic, socio-political and spiritual life of society, the issue of establishing a healthy lifestyle in the sphere of social life remains relevant.

Increasing attention to the important factors of building a just civil society, spiritual, moral and legal education, strict adherence to internal discipline, strengthening democratic principles, respect for the state, and fulfillment of civic duty are at the center of the activities of most neighborhoods (Mirziyoyev, 2022).

In this sense, in combating factors that negatively affect the development of society, increasing the legal literacy of young people, comprehensively developing medium and small entrepreneurship, and forming and strengthening a sense of responsibility for society and independence in young people are of great importance (Ma'naviyat, 2017). The formation of civic responsibility in young people is carried out on the basis of

strengthening their ideological immunity, awareness of national identity, restoration of historical memory, and raising their sense of national pride and honor (Juraev, 2004).

Our President Shavkat Mirziyoyev said about this: “Our dream, which constantly torments us and does not give us peace, our greatest wish and prayer from the Creator is that in our unique, beautiful, and generous New Uzbekistan, generations will grow up who are healthy in every way and who will arouse the envy of others with their strength, power, and maturity” . In this regard, the in-depth mastery of scientific achievements by young people, solid study of foreign languages, computer technologies, honest work and engagement in business and entrepreneurship, and their contribution to the economic, socio-political, spiritual and cultural development of Uzbekistan are of great importance in the process of forming and enhancing the civic responsibility of young people (Rizaev et al, 2023). It is also important to familiarize young people with the historical roots of a healthy lifestyle, the most effective mechanisms used in the history of world civilization to improve it, various approaches based on scientific conclusions to the study of lifestyle conditions, methods of development and activity, forms, social characteristics from its history to the present day, their incorporation into their worldview and scientific and philosophical analysis (Madatovich, 2020).

Methodology

Today, the global network is developing rapidly and its capabilities are expanding. To protect young people from such threats, it is necessary to increase the number of events, meetings, competitions and round tables in educational institutions, scientific and creative centers, and neighborhoods that serve to spiritually elevate young people. In our country, large-scale work is being carried out to ensure a healthy lifestyle for young people, to educate them as physically and spiritually perfect people. The process of protecting young people from various harmful vices, protecting them from various ideological and ideological threats is carried out on the basis of establishing a healthy lifestyle. A healthy lifestyle is a single individual system of human behavior that ensures the well-being and longevity of a person's physical, mental and social life in a natural, technogenic and social environment. “Forming a desire for a healthy lifestyle among young people, creating a system for the mass development of youth sports; providing state care for minors and young people in need of social protection; preventing the commission of offenses among minors and young people; creating the necessary socio-economic conditions for raising a harmonious generation”. It is emphasized in society that a healthy lifestyle creates the most favorable conditions for a person's physiological and spiritual development, reduces the likelihood of developing various diseases, and further increases human life expectancy.

Result and Discussion

The neighborhood environment plays an important role in protecting young people from the influence of information attacks. As a result of the activities carried out in neighborhoods, it is possible to improve the spiritual and moral qualities of young people, increase their potential, and protect them from the influence of information attacks. The spiritual and moral environment in places of study (preschool educational institutions, schools, academic lyceums, colleges, higher educational institutions) forms human qualities in the individual's mind, forms human behavioral skills in a person, and most importantly, awakens a sense of striving for an ideal state in the human mind and heart (Usanov et al, 2024) (Akramovich, 2023). A well-educated, educated, intelligent, hardworking, and religious child is the greatest wealth not only of parents, but also of the entire society. The spiritual and moral environment is characterized by the renewal, development and protection of spiritual and moral values, for which the heads of families, community elders and counselors, teachers in educational institutions, and leaders in labor collectives are responsible. The spiritual and moral environment directs a person towards high goals and tasks, towards becoming a characteristic personality, and accustoms him to observing the rules of etiquette (Ruzimurodov et al, 2021) (Madatovich et al, 2023). Therefore, the spiritual environment plays an important role in the development of students and youth.

In order to implement national education, to understand national identity, and to enhance citizens' sense of national pride and honor, it is important to form civic responsibility in young people and to raise citizens' moral and legal awareness and culture. The root of the word "responsibility" is "responsible" - responsible, responsible for the result of work, responsible for communicating the results of labor activity, expressing the meanings, and in life experiences carried out based on the laws of responsibility, this is a perfect and extremely high process that people encounter in life" (Ruzimurodov et al, 2019). In order for a person to be spiritually mature person, first of all, he needs to understand himself, and the sense of self-awareness encourages a person to show great spiritual activity. A person with moral consciousness and culture, legal knowledge, a broad worldview, and high spirituality everywhere guides human dignity, his behavior and actions on the basis of moral standards, regulates his activities on the basis of legal laws and regulatory documents. In conditions where spirituality prevails in the life of society, relations between people are regulated on the basis of moral standards such as faith, honesty, piety, kindness, and moral qualities such as business acumen, hard work, creativity, and initiative. These moral standards and principles reflect the level of a person's moral consciousness and culture (Ruzimurodov, 2022). The richer the human personality is in terms of spirituality and morality, the higher the legal consciousness and culture, the higher the sense of duty and responsibility. Moral consciousness and culture reflect the level of qualities inherent in man and humanity, are manifested in the conscious activity and intelligence of man. Morality becomes an internal necessity of man and

determines the social direction of his moral activity (Ruzimurodov, 2021). The spiritual and moral world of a person consists of a system of spiritual and moral qualities such as moral interest, moral benefit, moral need, moral activity and moral values. In the process of understanding national identity, restoring historical memory, and raising national pride and honor among citizens, great attention is paid to the issues of high spirituality and legal literacy (Madatovich, 2024) (Numonova, 2020). Along with possessing moral qualities, a person approaches social phenomena and events, human behavior, moral norms and rules from a certain ideological and moral perspective and gives them his own assessment.

That is why B.Kh. Jorayev writes: "Democratic processes in society and youth activism are inextricably linked (Saidov et al, 2023). Political thought has begun to understand more deeply that they are components of two important systems of relations.", Moral consciousness and culture, based on a specific legal system, regulate moral relations in the life of individuals and society.

Conclusion

In combating factors that negatively affect the formation of civic responsibility in young people, spiritual and moral education, instilling national ideas and ideology in the minds and hearts of citizens, primarily young people, and strengthening ideological immunity are of great importance. In improving work in the field of spirituality and enlightenment, the main attention is paid to raising the legal and moral consciousness and culture of young people. The issues of the interrelationship of spiritual education and the formation of civic responsibility in young people have also been reflected in sociological research and sociological surveys. In conclusion, it can be said that in the democratic legal state being built in Uzbekistan, legality comes first, the rule of law is ensured in public life. At the same time, cases of violations that negatively affect public life also occur in Uzbekistan, and the prevention of violations among young people is of urgent importance today. Consequently, every child raised in an Uzbek family today, first of all, grows up enjoying our past heritage and values, but also fully enjoying the aesthetic education of the peoples of the world, which will turn Uzbekistan into a beautiful land with a bright future, a place of high feelings.

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